

The Monterey Board of Health **needs your** input. We are currently reevaluating the public health services Monterey receives from our visiting nurse agency and we want to make sure we are meeting the needs of our residents, all ages. Currently the services provided include:

- General Health Promotion Clinics (held at the Town Hall the 2nd Thursday of every month from 2-3pm) which includes:
 - Personal Health Assessment
 - Weight/Blood Pressure/Blood Sugar monitoring
 - Confidential personal instruction concerning life style changes, disease, nutrition and medicine
- Flu Clinic held in the fall (available to residents 18 and older). Pneumococcal vaccine available if indicated.
- Communicable/reportable disease investigation
- Disaster Planning and Emergency Preparedness
- Special Programming and Health Fairs

The Board of Health would like to know what public health services you would find most beneficial and during what time of the day. Please fill out the survey below and

1. Drop it off at the town hall Tues – Fri from 8:30am – 4pm or
2. Mail it to P.O. Box 308 Monterey, MA 01245 or
3. Email your answers and/or comments to townmont@verizon.net Thank you in advance for your valuable time and participation.

-Monterey Board of Health

1. What day and time of the week are most convenient for you to attend a public health service? _____

2. What types of informational health presentations would you find most useful? (i.e. disease information/prevention, etc.)

3. What types of health clinics/classes would you find most useful? (i.e. birthing classes, blood pressure clinics, new parenting classes/counseling, etc.)

4. Other suggestions:

5. Would you be interested in volunteering to help with any or all of the above? Yes / No If yes, please provide your name, contact number and day and time of the week you are available. _____